

Building Mentoring Skills





Housekeeping

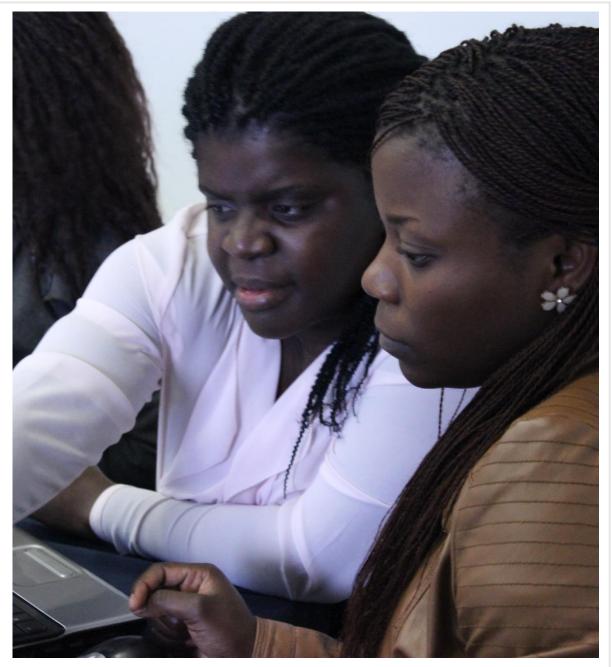






MENTORING APPROACH

- **Strengthen** the organisational capacity of nine CSOs in Liberia
- Identifying organisational capacity gaps
- **One mentor** overseeing the relationship
- Expert support
- The organisation is the mentee not the individual



MEETING YOUR MENTEE ORGANISATION



- Up to mentors and mentees to decide how and when regular
- Facilitate a **supportive** and developmental relationship
- First meeting:
 - Discussion of the mentoring guidelines and agreement;
 - Agreement on the future ways of working together;
 - Discussion of location, frequency, scheduling and length of meetings;
 - Discussion of the structure of the meetings; and
 - Ground rules and boundaries including confidentiality on both sides and any limits to the role.
- You are not on your own

MENTOR'S RESPONSIBILITIES



Work with Mentees to develop a **Mentorship Action Plan** that will dictate the progression of work and meetings that they commit to implement over the course of the programme.

Commit to **supporting Mentees** (through online communication or face to face) to articulate short-term and long-term goals and take concrete steps to meet them.

Commit to develop an **open and on-going relationship** that is mutually constructive. Open to give and receive positive and constructive feedback.

Remain **accessible**, **committed**, **and engaged** during the length of the program and show willingness to work together during training, coaching and mentorship sessions.

Commit to keeping sensitive issues **confidential**.

Respect time and resources committed to this programme.

Commit to support mentees with a **small grants proposal application** and submission and if successful, to support project implementation.

SUPPORTING DOCUMENTS







Mentorship Programme for Civil Society Organisations (CSOs) in Liberia and São Tomé and Príncipe

D24	1 -	\pm	\checkmark	f_x	The organisation	on has dev	eloped or	is in the p	ocess o	of developing a sustainable financial strategy but has not taken a
	А		D	E	E F	G	н	I K	L	М
1	CEPF									
2	Civil Society Organisational Capacity Tracking Tool									

Template Organisational Development Plan

The following is a template for a development plan to get you started – please note that this necessary and appropriate.

Organisational Development Priority Area	Proposed organisational change(s)	Summary of actions needed to achieve the changes	Activities required under each action (if relevant)	Resources need carry out each
Example: Organisational Planning and Management	Example: Mission, Vision, rewritten and agreed.	Example: 1. Develop new vision and mission	1.1 Organise a meeting with relevant members to discuss and decide on new vision and mission	Examples: *Download rest online and adap *Secure skilled facilitator *Get samples of statements from associations. *Funding to sup planning proces
Example: Finance Management	Example: Compliance with CEPF reporting requirements	Example: 1. Adapt financial accounting system 2. Develop key required policies 3. Develop a timesheet system	 1.1 Speak to partner organisations about accounting systems used. 1.2 Pilot a system 2.1 Source template of a policy document 	Example:

1. Mentor-mentee agreement – responsibilities

- Civil Society Tracking Tool and a Gender Tracking Tool – first steps
- Organisational Development and Mentoring Action Plan – guide for development

Questions?

PROJECT FUNDING PROPOSAL SUPPORT

- During second workshop mentee's to draft funding proposals to submit to a 'small grant' funding body
- 2. Mentors asked to **support draft** and application and if successful, implementation
- 3. CEPF call for Letters of Inquiry for a small grant specifically for mentee organisations – deadline 26 February, 2021





REPORTING

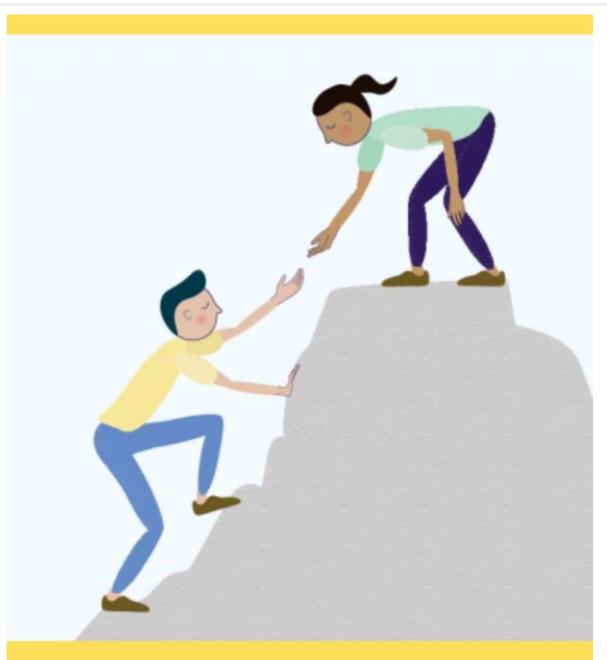


- Financial reporting deadlines are due to FFI on
 - December 18, 2020;
 - March 30, 2021;
 - June 30, 2021;
 - September 30, 2021; and
 - January 31, 2022
- Progress reports must be submitted by
 - December 30, 2020 and
 - June 30, 2021.
- Submit the Organisational Development and Mentoring Action Plan as far as completed
- Prompt 2 weeks before deadline





What do you understand by the term mentoring?



MENTORING



- Working with someone to assist them in achieving their outcomes.
- Mentoring requires nonjudgmental listening, observation, feedback and questioning.
- Non-directive, supportive, trusting, confidential.



Mentor	Mentee		
Process	Content		
 guides thinking asks questions questions assumptions challenging 	Explores options		
observe and understand mentee	Identifies solutions		

GROW – a coaching model



The model was originally developed in the 1980s by business coaches Graham Alexander, Alan Fine, and Sir John Whitmore.



Active Listening

Active listening



Hearing and listening- the same thing?

Hearing "...is a word used to describe the physiological sensory processes by which auditory sensations are received by the ears and transmitted to the brain"

Listening "...refers to a more complex psychological procedure involving interpreting and understanding the significance of the sensory experience"

Poor listening



- Selective listening/tuning out
- Judging
- Giving advice
- Avoiding the others concerns
- Interrupting



Why shouldn't we give advice?



"...many disagreements create a "spiral of conflict" rather than cooperation. Each side is focused more on proving "rightness" than on resolving the problem...

As an experiment, for a couple weeks try to truly understand others' opinions and positions without defending your own."

And remember-just because it worked for you, does not mean it will work in another situation

Becoming a better listener

- Be interested
- Be attentive
- Be patient
- Reflect what they are saying
- Draw them out when necessary
- Be neutral

"So you're saying that.."/"Did I get it"?/Let me get this straight..."/Have I missed anything?"



Becoming a better listener

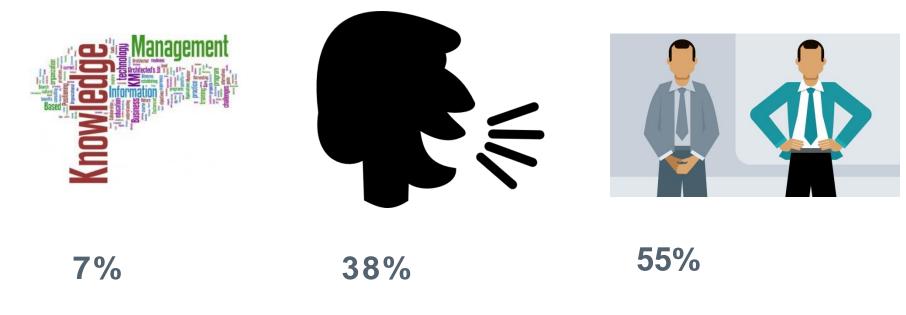
- Be interested
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Can you tell me a bit more about that? Why? Really? Why is that? Why do you think that?





How do we communicate feelings and attitudes?



Professor Mehrabians formula

5

Be attentive

- A posture of involvement
- Appropriate body motion
- Appropriate eye contact
- Non distracting environment



ITS YOUR TURN!

Each identify a current work challenge.

Take 10 minutes per person to mentor the other through their challenge. Try using the GROW model to work through the challenge.

As mentor- aim not to tell, but to listen and support the mentee to come up with the answers themselves.





REFLECTION QUESTIONS



- How did you find the exercise?
- What went well?
- What could you improve on as a mentor?
- Was it difficult not just to say what you thought they should do?
- What can you take away and apply as you start mentoring through this project?
- From your experience, do you have mentoring advice/tips to offer the rest of the group?

